March 18, 2019

REMINDER

Benefit Year Ends March 31

A reminder that all Healthcare Spending Account claims MUST BE INCURRED by March 31.

CHECK YOUR HEALTHCARE SPENDING ACCOUNT BALANCE at Great West Life to make sure you have used up your entire $825 balance.
Coffee with the President

UMFA President Janet Morrill is inviting you for coffee this Wednesday, March 20 from 1:00 - 3:00 p.m. in the Science breezeway. Come by, have a chat about campus issues, or just say hello!
Solidarity with FUNSCAD

UMFA members were walking the picket line last week in support of striking members of the Faculty Union of Nova Scotia College of Art and Design (FUNSCAD). The strike ended on March 12, when the union and the employer moved outstanding issues to mediation/arbitration.
You can read more about the strike [here](#).

**KNOW YOUR CA**

**Knowing and Using your CA: Discrimination, Harassment, and Sexual Assault**

You are entitled to a safe and healthy workplace, one that is free of discrimination, harassment, and violence. If you experience workplace discrimination, harassment, sexual assault or other violence, the administration must act to address it.

Suffering harassment, discrimination, or assault can be demeaning, embarrassing, and disempowering. The Association is here to offer you confidential advice, support, and advocacy based on how you want to respond to a problem and the available formal and informal tools.
If you have information or an event that you’d like to share in an upcoming issue, please email the item to umfa-communications@umfa.ca for consideration.